

Now that your Care Circle and Amazon Echo Show 5 are set up, get started using Sundial!

Echo Show buttons & voice commands

To know Alexa is listening

Blue Gradient Bar

When you see a blue gradient bar across the bottom of the Amazon Echo Show device, it is a visual indicator to let you know that Alexa is actively listening for your commands.

To stop Alexa from listening

Mute Button \emptyset

Pressing the Mute button on the top of the Echo Show device will mute all sound to/from the device. Saying “Alexa” will not unmute the device; instead, you’ll need to press the Mute button again.

To adjust the volume

Volume Buttons + / -

Pressing the + and - buttons on the top of the Echo Show device will make the Alexa voice louder or softer.

To activate by touch

Don’t forget! The Amazon Echo Show also has touch screen capabilities, similar to a mobile phone or tablet. Touching the screen will also stop Alexa from talking/listening.

To get Alexa to listen

Alexa

Simply saying the name Alexa will “awaken” or interrupt Alexa and cause her to listen to your command. Combine the word Alexa with any command to evoke an action. For example, “Alexa, go home”. If you would prefer to change the “wake word” from “Alexa” to “Echo” or “Computer”, say “Alexa, can you change your wake word?” and follow the prompts.

To hear something again

Repeat

Didn’t catch what Alexa just said? Simply say “repeat” when you see the blue bar, or “Alexa, repeat”.

To stop Alexa from speaking

Pause -or- Stop

If you need to gather your thoughts and decide what to do next, you can say “Alexa, pause” or “Alexa, stop”.

To slow down the Alexa speaking rate

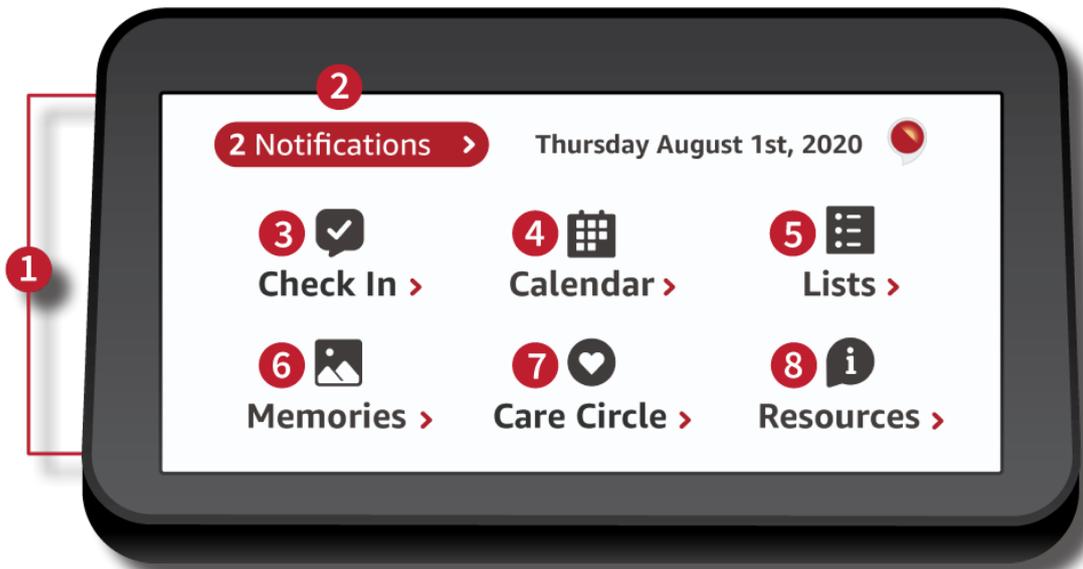
Speak slower

If Alexa is speaking too quickly, you can slow down her speaking rate by saying “Alexa, speak slower”.



Sundial specific voice commands

Use any of the following voice commands to activate these features with the Sundial skill.



1 Dashboard

To get back to Sundial's main screen
Dashboard
Go to my dashboard
Go home

3 Check In

To send a check-in to the Care Circle
Send check-in
I want to send a check-in

To hear/see check-ins from the Care Circle
View check-ins

To bypass sending a check-In
Skip -or- Alexa, skip

2 Notifications

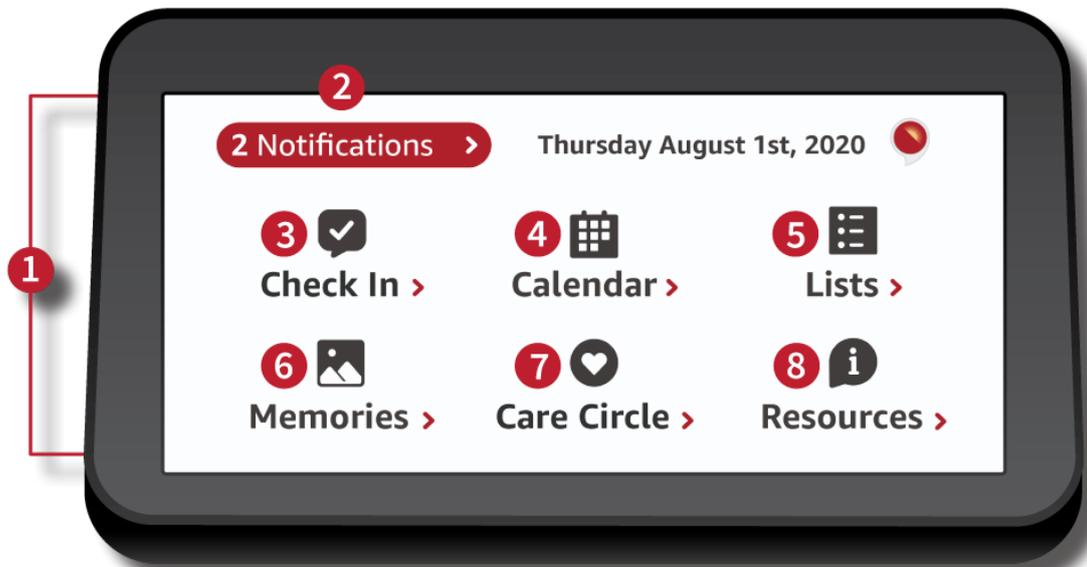
To hear/see NEW items from the Care Circle
Notifications
View my notifications
Show me my notifications

4 Calendar

To hear/see calendar events
Calendar
Show me my calendar {for date}
Events
Show me my events {for date}

Once in Calendar, to add or delete an event
Add an event {for date}
Delete an event

To get out of the Sundial skill at any time
Quit -or- Alexa, quit



5 Lists

To view your lists

Lists

View my lists

Show me my lists

To add an item to your lists

Add an item to my list

Once in a specific List, to mark a list item as completed

Complete item {1,2,3...}

Remove item {1,2,3...}

Once in a specific List, to delete a list item

Delete item {1,2,3...}

Sundial offers 3 types of lists:

Wellness, Shopping, and To Do

You can add the specific list name to any of these commands; for example -

“Show me my To Do list”

“Add an item to my Shopping list”

6 Memories

To hear/see memories

Memories

View my memories

Show me my memories

Photos

View my photos

Show me my photos

7 Care Circle

To hear/see Care Circle members

Care Circle

Show me my Care Circle

View my Care Circle

I want to view my Care Circle

8 Resources

To hear/see Sundial Resources: Product Tutorial, Latest Product Updates, Customer Support Number, and Legal & Privacy

Resources

View resources

To get help using Sundial at any time

I need help

Customer Support